



Thistle Case Management

& OCCUPATIONAL THERAPY

SARAH MATHESON – CASE MANAGER

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Profile

I am an experienced Case Manager and Occupational Therapist, I have 10 years of clinical experience with the majority of work being in community settings. My specialist area of interest is acquired brain injury and I have worked in a busy stroke rehabilitation, multi-disciplinary team. I also have a wealth of experience working within local authority to assess for and facilitate the provision of large scale adaptations for individuals with a variety of physical and psychological symptoms.

Prior to becoming an Occupational Therapist, I worked as a claims handler in motor insurance, therefore this offers me a unique perspective of the claims process and I have a good understanding of the personal injury market.

I enjoy supporting clients who have experienced an injury and I take pride in doing the utmost to help them to meet their rehabilitation goals. I have developed excellent working relationships with clinicians in the NHS and private sectors, and also with insurers and solicitors.

Qualifications

BSc (Hons) Occupational Therapy (2011)

BOBATH Introductory Modules 1, 2 & 3: Human Movement Analysis (2018)

Skills and Experience

I am experienced in case management, from the initial needs assessment to ongoing reviews, and then to case settlement. I have supported clients with injuries sustained in road traffic accidents and accidents at work. I work collaboratively with all of the health care professionals involved in my client's care, and actively facilitate and encourage communication between all parties.

I have supported clients with a variety of injuries including fractures and psychological symptoms to those with spinal and brain injuries. I have facilitated private specialist support workers to assist the clients in improving their level of function.

Employment

Owner - Case Manager, Thistle Case Management and Occupational Therapy
2021-present

Rehabilitation Case Manager, Corpore 2021-present

Independent Occupational Therapist, The OT Practice 2020-present

Rehabilitation Manager, Proclaim Care 2019-2021

Specialist Occupational Therapist, NHS Greater Glasgow and Clyde 2017-2019

Community Occupational Therapist, North Lanarkshire Council 2016-2017

Community Occupational Therapist, NHS Highland 2011-2016

Registrations and Memberships

Health & Care Professions Council (Reg: OT64545)

Royal College of Occupational Therapy (Reg: BT0802142)

RCOTSS-IP (Independent Practice) (Reg: BT0802142)

British Association of Brain Injury and Complex Case Management (Reg: 6513)

Case Management Society UK (Reg: 19-4332-CM)

The 3HUB Case Management Community:

I am an independent practitioner and work as part of the 3HUB case management community (www.threehub.co.uk).

This means that I am supported by a highly experienced network of case managers who all operate in compliance with recognised case management governance structures as endorsed by the Case Management Society UK (CMSUK), British Association of Brain Injury and Complex Case Management (BABICM) and the UK Rehabilitation Council (UKRC).

Through this network I am able to ensure that my clients have direct access to an equivalent standard of support should I be on leave or unavailable for any reason. I am covered by robust specialist liability insurance and can provide a copy of this on request.

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