



## **SHEILA AITKEN – CASE MANAGER**

[sheila@secasemanagement.co.uk](mailto:sheila@secasemanagement.co.uk)  
[www.threehub.co.uk](http://www.threehub.co.uk) 01243 769081  
SEA Case Management,  
Metro House, Chichester, PO19 1BE



### **Profile**

I have worked with children; young people and their families for over 25 years. Initially I worked in education with children with learning; emotional and behaviour difficulties.

I qualified as a Social Worker in 2007 and became a Senior Practitioner in 2009. I have worked as a case manager since January 2016 working with children; young people and adults who have had brain injuries. I have a good understanding and insight into the challenges and difficulties that these can present particularly with children and their development and education. I have a good understanding of the litigation process.

### **Qualifications**

BSc(Hons) Social Work (2007)

### **Skills and Experience**

I am very skilled in building positive and supportive relationships with children, young people and adults and empowering them to make positive changes to their circumstances. I have excellent communication skills and understand the need for clear open communication and being a good listener.

I manage my own caseload; coordinating and implementing rehabilitation plans and ensuring that the goals are reviewed and progressed as required. I have extensive experience of working with a vast range of multi-agency professionals including resourcing and commissioning experienced therapists to meet my clients' needs. I have experience of recruiting support worker teams and providing them with training and supervision.

I have worked predominately within the medico-legal process and with court of protection Deputies. I therefore have a good understanding of their roles and responsibilities.

I have a keen interest in brain injury and in keeping up to date with the latest research and regularly attend training events and conferences. I am extremely passionate about sharing knowledge relating to brain injury as widely as possible as I believe that this is key in achieving the best possible outcomes for our clients and their families.

## **Employment**

**Owner & Case Manager**, SEA Case Management 2019-present

**Clinical Case Manager**, Head First 2016–2019

**Independent Senior Practitioner**, Own Company, Hertfordshire CC & Essex CC 2013-2015

**Senior Practitioner**, Hertfordshire CC 2009-2013

**Social Worker**, Hertfordshire CC 2007-2009

**Education Support Worker for Children in Care**, Hertfordshire CC 2000-2007

**Teaching Assistant SEN**, Hertfordshire CC 1992-2000

## **Registrations and Memberships**

**British Association of Brain Injury and Complex Case Management** (Reg: 1077)

**British Association of Brain Injury and Complex Case Management – Member of Children & Young People Subgroup**

**Social Work England** (Reg: 2003688)

**Case Management Society UK** (Membership: 20-5133-CM)

### **The 3HUB Case Management Community:**

I am an independent practitioner and work as part of the 3HUB case management community ([www.threehub.co.uk](http://www.threehub.co.uk)).

This means that I am supported by a highly experienced network of case managers who all operate in compliance with recognised case management governance

structures as endorsed by the Case Management Society UK (CMSUK), British Association of Brain Injury & Complex Case Management (BABICM) and the UK Rehabilitation Council (UKRC).

Through this network I am able to ensure that my clients have direct access to an equivalent standard of support should I be on leave or unavailable for any reason.

I am covered by robust specialist liability insurance and can provide a copy of this on request.

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