



Helen Hughes

Independent Case Manager
Compass Case Management



Physiotherapist

helen@compasscasemanagement.co.uk

Specialisms

Adults

Brain Injury,
Spinal Injury,
Complex Polytrauma,
Complex Orthopaedic.

Amputation,
Birth Injury,
Disorders of
Consciousness,
Pain,
Vocational Support.

Headaches.

Profile

Helen is a dedicated and compassionate case manager with specialist experience supporting clients with brain injury, spinal cord injury and amputation. Helen has experience working with clients internationally, including the UAE, USA, and Portugal. She is a qualified physiotherapist with over 15 years of clinical experience both in the UK and internationally. She specialised in the field of neurological rehabilitation early on in her career and has since gained a vast array of experience within acute neurology and long-term conditions. As a case manager, Helen works with adults who have sustained complex injuries such as traumatic brain injury, spinal cord injury, complex polytrauma and amputation. She is highly driven and passionate about helping people reach their full potential following life-changing events.

Helen has worked as a subject matter expert for the health authority licensing exams and as a physiotherapist to the UAE royal family. She has been invited to present on neurological physiotherapy management and the importance of coordinated care at numerous national and international conferences. Helen holds a master's degree in public health with distinction.

Testimonial

“Working with Helen these past few years has been a pleasure. She is very organised and provides the best care possible for me. She pays attention to detail and is always available to help. She calls to check that I have everything I need and always lets me know that she's there to help. She is very supportive when it comes to my care, and she makes sure that my sister is aware of everything going on. As a family member that liaises with Helen, I find her to be very organised and professional. She has my brother's best interest at the forefront of what she does. She is also very trustworthy and honest. Best case manager we've had!” – *(Client and Sister)*

Qualifications

BSc Hons Degree Physiotherapy 2008
MPH Public Health 2018

Professional Memberships

Health and Care Professions Council (Reg PH90111)
Chartered Society of Physiotherapy (Reg 082209)
British Association of Brain Injury Case Managers (Reg 4548)
Case Management Society UK (Reg 22-7049-CM)

Location Banstead, Surrey

Coverage South East England, International



The
Case Management
Community





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3HUB Community Governance & Due Diligence

helen@compasscasemanagement.co.uk

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Professional Memberships	Health and Care Professions Council (Reg PH90111) Chartered Society of Physiotherapy (Reg 082209) British Association of Brain Injury Case Managers (Reg 4548) Case Management Society UK (Reg 22-7049-CM) Registration evidence available on request.
Qualifications	BSc Hons Degree Physiotherapy 2008 MPH Public Health 2018
Continuous Professional Development	Regular training and formal 3 monthly supervision. Professional development reviews and governance/due diligence checks are undertaken annually. Current Mandatory Training Certificate and Safeguarding Level 3 Certificate available on request.
Professional Liability Insurance Policy	Professional Indemnity Cover: up to £6million per claim Public Liability Cover: up to £6million per claim Policy details available on request.
GDPR compliant	Current ICO Certificate available on request. Data Controller: Helen Hughes
Enhanced Disclosure and Barring Service (DBS) Certificate & Update Service	Full, clear enhanced DBS certificate currently in place & update service details available on request.
Key Policies	All our policies and procedures are reviewed annually, and full details are available on request. Our suite of policies and procedures include Governance (including third party due diligence), Data & IT, Safeguarding, Safe Working & Risk Management, Employment, Clinical.