



# Shelley Westgate

**Independent Case Manager  
Westgate Case Management**

**Occupational Therapist**

**shelley@westgatecm.com**

Westgate Case Management



## Specialisms

Adults

Amputation,  
Brain Injury,  
Challenging Behaviour,  
Complex Orthopaedic,  
Complex Polytrauma,  
Disorders of  
Consciousness,  
Mental Health  
Management,  
Pain Management,  
Spinal Injury,  
Substance Abuse,  
Vocational Support.

## Profile

Shelley prides herself on providing high quality, proactive and compassionate care, and support to her clients. She has been a recent finalist in the CMSUK awards for Catastrophic Case Manager of the Year. A highly trained, hard-working case manager with over 20 years clinical experience in specialist rehabilitation.

Shelley is confident in guiding her clients and families with a steady and reassuring hand through the complexities and challenges of recovery. She is a skilled collaborator who looks to find creative solutions for her clients that can drive positive results.

Shelley has experience in the treatment and management of a broad range of injuries including brain and spinal injury, neurological disorders, complex orthopaedic, catastrophic injury/polytrauma.

She has worked in acute and rehabilitation settings and has experience of the management of low awareness clients. She is highly effective at structuring and managing multidisciplinary teams in the delivery of goal focused treatments and outcomes. She works successfully with both statutory and private rehabilitation specialists and service providers.

Shelley is an excellent written and verbal communicator, producing thorough, clinically robust reports. She is very organised with excellent interpersonal skills that can develop strong trusting relationships with clients, their families and all stakeholders involved in the case.

Shelley is experienced in understanding the litigation process and the need for a balanced and flexible approach. She understands and works successfully with both statutory and private rehabilitation specialists and service providers. She works well under pressure and understands the need to manage costs as necessary.

Shelley frequently attracts high praise from her clients and referrers and is regularly approached to manage complex cases.

## Testimonial

"I have worked with Shelley for many years now as a case manager on my serious injury cases. She is an excellent case manager with a real empathy for the client's position and who always goes the extra mile for my clients and their families. She also has a good understanding of the litigation process. I enjoy working with Shelley but more importantly my clients benefit from her involvement in their recovery/rehab journey." *Personal Injury Solicitor*

## Qualifications

BSc (Hons) Occupational Therapy, University of Southampton 1999

ILM (Institute of Leadership and Management) Level 3 Certificate in First Line Management 2011

## Professional Memberships

Health & Care Professions Council (Reg: OT30133)

British Association of Brain Injury and Complex Case Management (Reg: 6827)

Case Management Society UK (Reg: 17-3616-A)

Registered with the Major Trauma Signposting Partnership (MTSP) Code of Conduct

**Location** Crawley, Sussex **Coverage** South East



The  
Case Management  
Community



[www.hcpc-uk.org](http://www.hcpc-uk.org)





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# Shelley Westgate

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**3HUB Community Governance &  
Due Diligence**

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