



Sophie Greengrass

Director and Independent Case Manager 3HUB Case Management

Nurse

sophie@threehub.co.uk

Specialisms

Adults

Brain Injury,
Challenging Behaviour,
Complex Orthopaedic,
Complex Polytrauma,
Disorders of
Consciousness,
Tissue Viability and
Wound Care.

Profile

Sophie is one of the founder directors of 3HUB. She has over 25 years' of clinical experience, caring for individuals affected by trauma and injury, who present with complex physical, psychological, and social needs. She has worked across a full range of care settings. Her career has primarily focused on the community rehabilitation setting. She has a passion for care of older clients with a special interest in tissue viability having spent 2 years as a tissue viability nurse.

Sophie has a sound understanding of multi-disciplinary teamwork. She has excellent skills in placing and coordinating multidisciplinary teams, guiding clients through the rehabilitation process, including assessment, identification of needs, goal setting, and review.

She has experience of working alongside statutory providers in securing funding for support packages and has extensive experience of recruitment and on-going management of large care teams for clients living in their own homes.

Sophie has an in-depth knowledge of the litigation process and the role of case management in this.

Sophie is proficient in her understanding of the requirements of the CQC process and how this is applied to case management. She provides mentoring and support to those applying for CQC registration and will be the Registered Manager of 3HUB when our registration application is processed and assessed.

Testimonial

"The help that Sophie Greengrass provides to clients is given with great understanding of the issues that need to be considered, balancing cost and legal aspects whilst remembering at all times that the most important outcome of improving the clients life is achieved. Sophie blends together considerable knowledge, experience, and an unerring, and tireless desire to help her client and their family at all times, making life as a professional adviser far more straightforward."

Personal Injury Solicitor





Qualifications

BSc (HONS) Adult Nursing 1994 MSc Gerontology with Merit 2000

ENB N18 – Professional development of nurses in leg ulcer management

Professional Memberships

Nursing and Midwifery Council (Reg: 9115293E)

British Association of Brain Injury and Complex Case Management (Reg: 5180) Case Management Society UK (Reg: 08-0520-CM)

Registered with the Major Trauma Signposting Partnership (MTSP) Code of Conduct

Location Shoreham-by-Sea, Sussex Coverage South East

