



CASE MANAGEMENT & OT



# Sinead Cowham

**Independent Case Manager**

**Sinead Cowham Case Management and OT**

**Occupational Therapist (With Specialist Interest in Neurorehabilitation)**

**cm@sineadcowham.co.uk**

## Adults

### Specialisms

Brain Injury,  
Complex Polytrauma,  
Complex Orthopaedic.

#### Experience of:

Amputation,  
Challenging Behaviour,  
Mental Health  
Management,  
Pain Management,  
Vocational Support.

## Profile

As a highly experienced rehabilitation case manager in catastrophic injuries, Sinead brings many years of expertise in clinical and leadership roles both as a rehabilitation case manager and more recently, a clinical team lead to a newly developed service in this industry. She is an Occupational Therapist who specialises in traumatic brain injury, multi trauma, amputation and psychological injuries. Sinead has experience in adult acute, community and secure settings where she has delivered client centered evidence-based rehabilitation plans for their optimal recovery.

Sinead has considerable experience as a case manager working with a range of clients including those with severe traumatic brain injury, lower limb amputations, psychological trauma and orthopaedic injuries.

She has supported a range of complex clients, from those with high level cognitive difficulties, to those with severe physical, cognitive and neurological injury.

Sinead recently developed and led a new team of high performing rehabilitation case managers in the London region with excellent outcomes. She is highly skilled in delivering induction and training programmes to her peers and colleagues as well as support staff involved in her client's care. Sinead is a strong advocate for the importance of regular supervision in case management in order to maintain a high level of clinical expertise.

Sinead is passionate about communication and collaboration to ensure her clients achieve best possible outcomes; she is skilled in managing effective meetings with stakeholders and multidisciplinary teams and is proactive in this approach. She is highly driven, confident and committed to her own professional development to maintain high standards of safe, evidence-based practice.

## Testimonial

"Sinead is an excellent and thorough case manager who puts her clients at the heart of what she does. She is empathetic and knowledgeable and delivers excellent results for her clients!" – *Solicitor*

## Location

Northampton, Northamptonshire

## Coverage

South East England, Midlands



The  
Case Management  
Community



www.hcpc-uk.org



<b>Professional Memberships</b>	Health & Care Professions Council (Reg: OT63626) British Association of Brain Injury and Complex Case Management (Reg: 1822558) Case Management Society UK (Reg: 194271 CM)
<b>CQC Registration Status</b>  	3HUB Ltd is Registered with CQC 21/03/2024 <a href="#">Click here for CQC registration</a> ; 3HUB Community Members are able to use the 3HUB Ltd CQC registration and governance processes as an associate of 3HUB for clients that need regulated activity (subject to capacity). Current Rating: CQC has not inspected this service yet Regulated Activity Provided: personal care; treatment of disease, disorder or injury; caring for adults over 65 yrs; caring for adults under 65 yrs; caring for children (0 – 18 yrs); and physical disabilities.
<b>Qualifications</b>	BSc Occupational Therapy, 2011 - University of Northampton
<b>Continuous Professional Development</b>	Regular training and formal 3 monthly supervision. Professional development reviews and governance/due diligence checks are undertaken annually. Current Mandatory Training Certificate and Safeguarding Level 4 Certificate available on request.
<b>Professional Liability Insurance Policy</b>	Professional Indemnity Cover: up to £6 million per claim Public Liability Cover: up to £6 million per claim Policy details available on request.
<b>GDPR compliant</b>	Current ICO Certificate available on request. Data Controller: Sinead Cowham
<b>Enhanced DBS Certificate &amp; Update Service</b>	Full, clear enhanced Disclosure and Barring Service (DBS) certificate currently in place & update service details available on request.
<b>Key Policies</b>	All our policies and procedures are reviewed annually, and full details are available on request. Our suite of policies and procedures include Governance (including third party due diligence), Data & IT, Safeguarding, Safe Working & Risk Management, Employment, Clinical.