



# Claire Dowling

**Independent Case Manager**  
**Claire Dowling Case Management Ltd**

**Occupational Therapist**

**claire@clairedowlingcm.co.uk**



**CLAIRE DOWLING CASE MANAGEMENT**  
Getting your life back together  
one piece at a time.

## Adults & Children

### Specialisms

Brain Injury,  
Spinal Injury,  
Complex Polytrauma,  
Complex Orthopaedic.

### Experience of:

Amputation,  
Autistic Spectrum  
Disorders,  
Birth Injury,  
Cerebral Palsy,  
Challenging Behaviour,  
Learning Difficulties,  
Mental Health  
Management,  
Pain Management,  
Special Needs  
Education,  
Substance Abuse.



The  
Case Management  
Community



[www.hcpc-uk.org](http://www.hcpc-uk.org)



## Profile

Claire's professional background is as an occupational therapist. Claire has been registered for 25 years and worked within a wide variety of settings, including in-patient and community mental health teams, in adult, child and adolescent services. She has worked in forensic mental health, both in secure environments and within the local community. In addition, Claire has also worked on acute medical and orthopaedic wards, she has also undertaken mental capacity assessments.

In her time as a case manager, Claire has worked with clients with complex and challenging dynamics, which have required her to draw upon all of her experience providing confident actions in the client's best interests. Claire has worked with clients of all ages with a wide range of conditions, needs and situations. She has a talent for building good, trusting relationships with her clients and their families. Claire adapts her approach to her client's needs with some unaware of what is available to them while others know exactly what they need and require.

Claire has introduced and managed packages of rehabilitation, whilst providing her clients and their families with support, advice and a listening ear, whenever required.

Claire provides case management input for adults and children who have complex rehabilitation and care needs including assessing the need for case management, care, support and rehabilitation.

Claire is confident in the preparation of risk assessments, development of risk management strategies; co-ordinating multi-disciplinary rehabilitation packages; recruiting, training and managing support workers; and coordinating services from the statutory and independent sectors.

## Testimonial

"...it is a year now Claire there for us and I would like to thank her tremendously as I don't know how we would have coped without her, obviously her role as P case manager is ongoing still properly for a good while yet but I felt it was time for me to share my appreciation for Claire and what she done so far for us, with you." – *Client & Family*

"I can confidently say she is an outstanding case manager. Claire has a truly unique and compassionate approach to building relationships—not only with her clients but also with their families and the wider team of professionals involved. She has a natural ability to put people at ease, creating a relaxed and supportive environment that fosters trust and open communication. Claire is approachable, attentive, and always values the input of others, welcoming expert advice to ensure the best outcomes for her clients. Claire is driven, highly motivated, hardworking, and consistently follows through to get things done efficiently and effectively. Her dedication to her role and the people she supports is clear in everything she does. It is a privilege to work with Claire, and I have the utmost respect for her professionalism, integrity, and the genuine care she brings to her work" – *Specialist Occupational Therapist*

**Location** Milton Keynes

**Coverage** South East England, Midlands, International

<p><b>Professional Memberships &amp; Registrations</b></p> 	<p>Health &amp; Care Professions Council (OT32040)  British Association of Brain Injury and Complex Case Management (1822591)  Institute of Registered Case Managers (RCM2381)  Major Trauma Support Partnership Code of Conduct</p> <p>Evidence available on request.</p>
<p><b>CQC Registration Status</b></p> 	<p>3HUB Ltd is Registered with CQC 21/03/2024 <a href="#">Click here for CQC registration</a>; 3HUB Community Members are able to use the 3HUB Ltd CQC registration and governance processes as an associate of 3HUB for clients that need regulated activity (subject to capacity).  Current Rating: CQC has not inspected this service yet  Regulated Activity Provided: personal care; treatment of disease, disorder or injury; caring for adults over 65 yrs; caring for adults under 65 yrs; caring for children (0 – 18 yrs); and physical disabilities.</p>
<p><b>Qualifications</b></p>	<p>Expert witness training 2024  BSc(Hons) Occupational Therapy (Brunel University) 2000</p>
<p><b>Continuous Professional Development</b></p>	<p>Regular training and formal 3 monthly supervision.  Professional development reviews and governance/due diligence checks are undertaken annually.  Current Mandatory Training Certificate and Safeguarding Level 3 Certificate available on request.</p>
<p><b>Professional Liability Insurance Policy</b></p>	<p>Professional Indemnity Cover: up to £6 million per claim  Public Liability Cover: up to £6 million per claim  Policy details available on request.</p>
<p><b>GDPR compliant</b></p>	<p>Current ICO Certificate available on request.  Data Controller: Claire Dowling</p>
<p><b>Enhanced DBS Certificate &amp; Update Service</b></p>	<p>Full, clear enhanced Disclosure and Barring Service (DBS) certificate currently in place &amp; update service details available on request.</p>
<p><b>Key Policies</b></p>	<p>All our policies and procedures are reviewed annually, and full details are available on request.  Our suite of policies and procedures include Governance (including third party due diligence), Data &amp; IT, Safeguarding, Safe Working &amp; Risk Management, Employment, Clinical.</p>