



Esther Southern

Independent Case Manager
Esther Southern Case Management Ltd
Occupational Therapist
esther@escmltd.com



Adults

Specialisms

Brain Injury.

Experience of:

Autistic Spectrum Disorders,
Birth Injury,
Cerebral Palsy,
Challenging Behaviour,
Learning Difficulties,
Forensic Mental Health Management,
Pain Management,
Special Needs Education,
Substance Abuse,
Vocational Support.



The
Case Management
Community



www.hcpc-uk.org



Profile

Esther has 16 years' clinical experience working with adults with severe and enduring mental health conditions, traumatic brain injuries and amputees which supports and complements her work as a case manager.

Esther is an experienced Occupational Therapist (OT). She began her career as an OT in forensic secure units and community mental health teams, moving on to support veteran amputees who had also sustained brain injuries. She is highly experienced in creating and overseeing bespoke programmes of rehabilitation that improve both physical and mental health in order to enhance the client's quality of life and deliver positive recovery outcomes. Esther combines her case management work with a supporting role at Headway UK which gives her a unique and ongoing insight into the statutory resources and third sector partnerships that can be beneficial for a brain injured client who is in recovery.

As a case manager Esther completes Initial Needs Assessments for clients who have cerebral palsy, severe mental health conditions, brain injuries and amputations. She has sound experience of coordinating and working with multidisciplinary teams. She has managed independent living trials to completion. Esther is confident with recruiting and managing complex care teams. and offers a meticulous, organised, and clinically robust approach to each individual client.

Esther is familiar with the litigation process and understands the importance of clear, well evidenced communication about the client's needs as a key part of the case management process. She has a friendly positive approach and is able to put clients quickly at their ease in what are often very challenging situations.

Testimonial


"Thank you for advocating for my family members needs ensuring they have been able to increase their activity level through recruiting my incredible support worker, interesting voluntary work and cooking classes." – *Client family member.*

Location

Sandbach, Cheshire

Coverage

Northern England, Midlands, Wales.

Professional Memberships & Registrations	<p>Health & Care Professions Council (OT66461) British Association of Brain Injury and Complex Case Management (2873474)</p> <p>Evidence available on request.</p>
CQC Registration Status 	<p>3HUB Ltd is Registered with CQC 21/03/2024 Click here for CQC registration; 3HUB Community Members are able to use the 3HUB Ltd CQC registration and governance processes as an associate of 3HUB for clients that need regulated activity (subject to capacity). Current Rating: CQC has not inspected this service yet Regulated Activity Provided: personal care; treatment of disease, disorder or injury; caring for adults over 65 yrs; caring for adults under 65 yrs; caring for children (0 – 18 yrs); and physical disabilities.</p>
Qualifications	<p>Post Graduate Diploma in Occupational Therapy 2010</p>
Continuous Professional Development	<p>Regular training and formal 3 monthly supervision. Professional development reviews and governance/due diligence checks are undertaken annually. Current Mandatory Training Certificate and Safeguarding Level 3 Certificate available on request.</p>
Professional Liability Insurance Policy	<p>Professional Indemnity Cover: up to £6 million per claim Public Liability Cover: up to £6 million per claim Policy details available on request.</p>
GDPR compliant	<p>Current ICO Certificate available on request. Data Controller: Esther Southern</p>
Enhanced DBS Certificate & Update Service	<p>Full, clear enhanced Disclosure and Barring Service (DBS) certificate currently in place & update service details available on request.</p>
Key Policies	<p>All our policies and procedures are reviewed annually, and full details are available on request. Our suite of policies and procedures include Governance (including third party due diligence), Data & IT, Safeguarding, Safe Working & Risk Management, Employment, Clinical.</p>