



Dagmara Hrabal

Independent Case Manager
Pragma Rehab Ltd

Occupational Therapist

dagmara@pragmarehab.com



pragma *rehab*

CASE MANAGEMENT

Adults & Young People

Specialisms

Brain Injury,
Spinal Injury,
Complex Orthopaedic,
Complex Polytrauma.

Experience of:

Amputation,
Birth Injury,
Cerebral Palsy,
Challenging Behaviour,
Mental Health Management,
Pain Management,
Vocational Support,
Equipment and Adaptations,
Neuro Rehab,
Palliative Care.



The
Case Management
Community



www.hcpc-uk.org

Member of



Profile

Dagmara is a thorough and quietly determined case manager with a strong clinical background in neurology, spanning acute, residential, community rehabilitation, and secure specialist units.

Her clinical experience includes traumatic and acquired brain injury, spinal cord injury, stroke, amputations and complex orthopaedic trauma. She is skilled in supporting clients with significant physical, cognitive, behavioural and neuropsychiatric presentations, including those detained under the Mental Health Act.

She has extensive knowledge of equipment and environmental adaptations and in co-ordinating complex discharges requiring ongoing multi-agency input.

Dagmara's practice is trauma-informed, allowing her to recognise how psychological injury impacts engagement, recovery and rehabilitation outcomes. She forms rapport readily, responds intuitively and is skilled in translating complex and risky clinical presentations into clear, actionable rehabilitation plans that balance immediate priorities with long term goals.

Dagmara provides clear, evidenced based reports, ensuring recommendations are proportionate and aligned with the clients' goals.

As a native Polish speaker, she works directly with Polish-speaking clients and families, ensuring clear communications and culturally attuned support, without reliance on interpreters.

Testimonial

"Dagmara excels at building strong, trusting relationships with clients and families, creating a safe and supportive environment for rehabilitation. She combines exceptional interpersonal skills with a deep understanding of the complexities of brain injury, ensuring every family feels heard, informed, and genuinely supported."

-Clinical Specialist

Location

Salford, Greater Manchester

Coverage

Northern England, Midlands, Wales, International.

Professional Memberships & Registrations	Health & Care Professions Council (OT77742) Royal College of Occupational Therapy (BT0816490) British Association of Brain Injury and Complex Case Management (2413203) Evidence available on request.
CQC Registration Status 	3HUB Ltd is Registered with CQC 21/03/2024 Click here for CQC registration; 3HUB Community Members are able to use the 3HUB Ltd CQC registration and governance processes as an associate of 3HUB for clients that need regulated activity (subject to capacity). Current Rating: CQC has not inspected this service yet Regulated Activity Provided: personal care; treatment of disease, disorder or injury; caring for adults over 65 yrs; caring for adults under 65 yrs; caring for children (0 – 18 yrs); and physical disabilities.
Qualifications	Master's Degree in Teaching – 2005 HNC Health and Social Care - 2015 BSc (Hons) Occupational Therapy - 2018 EMDR Europe Accredited Standard Training - 2025
Continuous Professional Development	Regular training and formal 3 monthly supervision. Professional development reviews and governance/due diligence checks are undertaken annually. Current Mandatory Training Certificate and Safeguarding Level 3 Certificate available on request.
Professional Liability Insurance Policy	Professional Indemnity Cover: up to £6million per claim Public Liability Cover: up to £6 million per claim Policy details available on request.
GDPR compliant	Current ICO Certificate available on request. Data Controller: Dagmara Hrabal
Enhanced DBS Certificate & Update Service	Full, clear enhanced Disclosure and Barring Service (DBS) certificate currently in place & update service details available on request.
Key Policies	All our policies and procedures are reviewed annually, and full details are available on request. Our suite of policies and procedures include Governance (including third party due diligence), Data & IT, Safeguarding, Safe Working & Risk Management, Employment, Clinical.