



Jo Forrest

Independent Case Manager
Forrest Case Management

Physiotherapist

jo@forrestcm.co.uk



Adults & Young People

Specialisms

Brain Injury,
Complex Orthopaedic,
Complex Polytrauma.

Experience of:

Birth Injury,
Challenging Behaviour,
Disorders of
Consciousness,
Pain Management,
MSK Conditions.



The
Case Management
Community



Profile

Jo Forrest is a highly skilled, committed, and rehabilitation-focused case manager with over 15 years' experience. She has an extensive background in neuro-physiotherapy within a range of NHS and rehabilitation roles.

As a highly experienced case manager and with a passion for rehabilitation, Jo has a steadfast commitment in ensuring all areas of client need are thoroughly addressed and coordinated. Jo possesses highly developed specialist clinical and managerial skills in both assessment and report writing. As a dedicated, highly motivated, and flexible Case Manager, Jo cares deeply about building strong relationships and making a meaningful difference to clients and their families, collaborating with them to achieve positive gains and reach identified goals.

Jo adopts a person-centred approach, to ensure that the individuals she supports are empowered to live life to the fullest. She has a particular interest working with complex cases, including clients with physical, cognitive, and behavioural consequences of brain injuries and individuals with extensive poly-trauma and co-morbidities. She has considerable experience of managing large-scale projects, including housing purchases and adaptations, and transitions from residential services back into the community.

Jo expertly coordinates inter-disciplinary teams and designs bespoke care and support packages. She provides consistently high-quality support and guidance to the wider team.

Jo is a previous winner of CMSUK Catastrophic Case Manager of the Year (2019).

Testimonial

"Jo is an exceptionally competent case manager whose professional approach and clinical knowledge are second to none. She consistently advocates for her clients and is known for her commitment to "playing full out" in every case she manages. Her work ethic is outstanding; she approaches each case with thoroughness, diligence, and genuine care. Her standard of report writing reflects both her extensive experience and her high level of clinical insight. If I ever required a case manager myself, Jo would be my first choice without hesitation."

-Clinical Governance Lead

Location

Ely, Cambridgeshire

Coverage

South East England

Professional Memberships & Registrations	Health & Care Professions Council (PH49340) Advanced Practitioner British Association of Brain Injury and Complex Case Management (1822071) Case Management Society UK (17-3502-CM) Institute of Registered Case Managers (RCM2457) Evidence available on request.
CQC Registration Status 	3HUB Ltd is Registered with CQC 21/03/2024 Click here for CQC registration; 3HUB Community Members are able to use the 3HUB Ltd CQC registration and governance processes as an associate of 3HUB for clients that need regulated activity (subject to capacity). Current Rating: CQC has not inspected this service yet Regulated Activity Provided: personal care; treatment of disease, disorder or injury; caring for adults over 65 yrs; caring for adults under 65 yrs; caring for children (0 – 18 yrs); and physical disabilities.
Qualifications	BSc Hons Physiotherapy 1995
Continuous Professional Development	Regular training and formal 3 monthly supervision. Professional development reviews and governance/due diligence checks are undertaken annually. Current Mandatory Training Certificate and Safeguarding Level 3 Certificate available on request.
Professional Liability Insurance Policy	Professional Indemnity Cover: up to £6 million per claim Public Liability Cover: up to £6 million per claim Policy details available on request.
GDPR compliant	Current ICO Certificate available on request. Data Controller: Joanne Forrest
Enhanced DBS Certificate & Update Service	Full, clear enhanced Disclosure and Barring Service (DBS) certificate currently in place & update service details available on request.
Key Policies	All our policies and procedures are reviewed annually, and full details are available on request. Our suite of policies and procedures include Governance (including third party due diligence), Data & IT, Safeguarding, Safe Working & Risk Management, Employment, Clinical.